

# Parenting Drop In Sessions



At the drop in sessions you can meet one of our coordinators, who will talk you through the services we offer as a parenting team. They will tell you all about:

- Parent Support Groups/Courses
- Solihull and Riding the Rapids
- 1:1 Confidential Clinics
- Relevant Advice and Support
- Support with self referrals for our parenting groups and signposting to our online courses



If you are already accessing one of our groups please speak to your facilitator for support

8.30am to 12noon throughout September

**Monday** - Ridgehill East Family Hub

**Wednesday** - Hyde Flowery South Family Hub

**Thursday** - Greenside West Family Hub

**Friday** - St Peters North Family Hub

Parenting support from pregnancy to 18 years



Not able to make the drop in? Please contact us:  
[parentingreferrals@tameside.gov.uk](mailto:parentingreferrals@tameside.gov.uk)